**Little Lambs Inc** 

A John & Eileen Sala Prison Ministry www.littlelambsinc.org

PO Box 504 🐵 710 S Eucalyptus St Sebring FI 33870 863-273-7388

## FEBRUARY 2017

## A TOWER OF BABEL: GENDER BENDING

Gen 1:27 So God created man in his own image, in the image of God created he him; male and female created he them. 2:18 And the LORD God said, It is not good that the man should be alone; I will make him an help meet for him. 2:22 And the rib, which the LORD God had taken from man, made he a woman, and brought her unto the man.

Sitting in the doctor's office this week for a physical, I picked up the National Geographic magazine. I was dismayed to say the least, to see that the full issue was devoted to 'transgender' <u>young</u> persons, from all over the world. Every view implied that this was the new norm and fully accepted. Needless to say, transgender was cast in a very favorable even courageous light. Imagine the influence of National Geographic and NPR, what huge audience especially among the educational system where they are considered of the highest credibility. Regardless, it is an attack on the biblical standards from the Word of God.

This new sustained attack on the Word of God and the minds of our children comes from new "teaching" in our permissive culture: Gender Confusion. Our children from very young ages through 'sex education' in the media, TV, books, internet, and social sites and so-called experts, are being taught that there are not just two genders, male and female. Instead they are being told that gender has been forced on them by their parents cultural bias toward two genders. They are taught that they are being programmed by their culture to be a boy or a girl ( a boy baby gets a blue blanket and a girl gets a pink one). They are told everyone is equal. This equality means that there are many possible genders that they may choose from. All of these are normal and right and equal, if the child feels that they are right for him or her. Never mind that their minds are not mature until past adolescence to make such a decision if that were even the case. This indoctrination begins in the very early ages using the "inclusive" theory. They are encouraged to believe that it is a normal part of growing up to experiment and find what gender they prefer! Instead of male and female as God created, we now also have these possibilities: ambi-sexual, bi-sexual, lesbian, Be queer, Dyke, Fluid bi-sexual, hetero-sexual with questions, pansexual, poly sexual, queer, and unalabel. And anyone opposing and disagreeing with this view is said to be homophobic (fear of homosexuals) and usually racist.

God's very Word is cast aside as being narrow-minded and oppressive. This was just the case at the Tower of Babel. God was challenged by the people. They determined to get to heaven in their own way, not God's way. **"And the LORD said, Behold, the people is one, and they have all one language; and this they begin to do: and now nothing will be restrained from them, which they have imagined to do."**Gen 11:6 They have even rejected science's latest determination to call it 'Gender Identity <u>Disorder</u>', a problem.

With computers and the internet, we truly have reached a point where we are all of 'one computer language" and able to communicate instantly anywhere in the world. And with this knowledge, man thinks, "We don't need God. We can do anything we imagine." After Babel, man did not change, and God destroyed Sodom, Gomorrah and the cities of the plain for their unholy violent living. God told us about the curses that would come upon man for willfully going against the natural and holy way of living in Deuteronomy 28. And yet man goes their own way without God. What is the result? And just as the bible tells us, the results of this confusion and experimentation is rapid increase in STD's in very young people. The newest study from the CDC reveals a plague of biblical proportions among young boys and girls, <u>an all time high in STD's</u>. One in every four adolescent girls is infected with a STD. The most new cases of AIDS-HIV are in young people under 25. Transgenders have28% higher HIV and 24% higher suicide rates as well as more depression, school absences. 15 to 24 year-olds acquire nearly half of all new STD's." HIV in young men who have sex with men is up 26% from 2008 to 2011. www.cdc.gov//std/stats15

Before I took this class I was unaware of love tanks, and I was also unaware of the roles children take on in a dysfunctional family situation. I now have a daughter that I have yet to meet, and that is part of the reason I wanted to participate in this class so I could learn good parenting skills and also relationship skills to better my relationship with the mother of my daughter whom I plan to marry upon my release. I've learned the chief component in the Family System is the marriage relationship. That mom and dad's relationship with themselves and with each other is the foundation of the family. I knew nothing about this before because I come from a very broken & dysfunctional family, abandoned by both my mother & father and raised by my Dad's mom and her brother, my great-uncle. They both took good care of me and pretty much spoiled me, but my Grandma passed away when I was 12 and I was forced to move in with an uncle that was very strict and punished me a lot for anything. I've learned that dysfunctional families are created by dysfunctional people, that have dysfunctional marriages. I've learned about unmet emotional needs and discovered that they apply tome. And I do not want that for my daughter.

Another thing this class taught me that I knew nothing about was "Detachment". I've heard the term used before, but I did not understand the depth of it, the different forms of detachment, until I attended this class. I learned that detachment means we learn to love, care and be involved without going crazy. I've learned things that I will use and techniques I will incorporate into my new role as a father to ensure my daughter grows up in a functioning,

healthy environment with a full love tank and loving parents. Also I will be able to quickly identify any problems that may present themselves in my relationship and deal with them with proper communication skills before they have a chance to get out of control. Thanks to this class and it's demonstrations of what to look out for and how to identify problems. Thank you, God bless you! KW, Fl In the Family & Marriage class, I've learned many things about addictive behavior, substance abuse & its effects on the family. The aspect that haunts my mind, however, has to do with the brain imaging of young people with substance abuse issues. That part of the class, though only one day, I won't easily forget.

Brain imaging, similar to an aerial view of a major city at night, shows the various firing of neurons in the brain as it's stimulated, much like the lights in the city turning on and off during the busy nocturnal activity. Then a young man, barely into his twenties, who was addicted to crystal meth, was shown the image of his brain next to that of a normal brain; the image of the young man's brain had missing chunks, 'holes', where his brain no longer fired. It was as if the city were experiencing major blackouts; only, unlike the city, the lights in those regions of the young man's brain would never come on again. When this registered with the young addict, a look of such despair came over his face as he was told how his twenty-something year old brain appeared to be that of a 70 year old and etched itself into my mind. I could see realization flood his face as he understood that he's spent his entire life for 6 months or so of crystal meth. How devastating!

Though I may have forgotten many of the de-

tails of that class on Brain Imaging, the reaction from that young man when he learned what he'd done to himself through drug use remains in my thoughts. Though I've never used meth nor do I ever want to, if opportunity presents itself, that young man's look of total hopelessness imprinted in my mind remains the ultimate deterrent for me. CJ

I think my issue is saying **no** to favors and I'm easily swayed to help people. It's the fear of hurting the other persons feelings or someone else's anger. That would be my Mom and Dad, respectively. That would make me a compliant, I guess, which is strange because I've been a controller when I was younger and been very verbally abusive, which leads me to verbal abuse.

I didn't realize how verbally abusive I've been. I am very sarcastic, which I didn't realize was abusive. I always thought it was clever or funny and sure, it put people in their place. In this class I have become more proud of myself, knowing how far I have come in 46 years. I was bad when I was younger. I learned a lot and worked on so much and successfully changed a ton of issues. "I used to do that" was something I said a lot in class. Finally and most important I was reminded of my relationship with God. I know it is the most important thing. You wove traditional and religious angels into your teaching very well. I commend you. I really wish you would make a video series of this course. it would help so many people. Your presentation of the material is very passionate. If you had a video presentation you would help so many others and be very successful. Thank you for taking time to help us become better men. I will never forget it. JF, Fl

#### What I have learned in class...

because it's a father and mother having a good relationship with God first, in each one of their lives. They teach & communicate with the children the right way as husband and wife. A dysfunctional family don't have no love in the father or mother and their tank is empty and they try to suck it out of their children. They start having conflict toward one another and have their kids to pick sides with each other trying to convince the child that their father isn't fair or the mother isn't fair and their trust is thrown out the window.

Second I learned about codependency when a person just feel like there is nothing they can do to shake themselves from somebody no matter what. It causes them to go out of their way to stop the other party from leaving them. They say things like 'if you leave me, I'll kill myself, and sometimes it makes them become controlling, attached, and whatever it takes to stay with that person because they need them so much it's hard to let go. They need to detach themselves from that person in their life.

Third thing I learned in class was about Boundaries. Without boundaries in one's life no matter are they physical or spiritual boundaries one's life can get out of control by violating someone else's boundaries. It's hard for a person who don't have boundaries to accept another persons' NO who do have boundaries. Learning that our model for boundaries is God shed a lot of light to me and I'm glad I took this class. There is a lot of good and bad boundaries. We have to learn to keep the good ones and get rid of the bad ones.

Since I have taken this class it has helped me to make more right decisions & choices and how to say 'no' more and to respect and accept someone else's 'no' & boundary. CJ ,Fl

# What I have learned in class... First I learned a lot about a dysfunctional family compared What did I learn in class?

As a teacher, you often wonder, did they learn anything? These essays give good affirmation to the urgent need to know these essential truths!

The brain, oh my! I knew all along through my abuse of substances that I was making it less functional and more like Swiss cheese. The sporadic use and the long term use, for sure have done a significant damage to my vital organs as well.

It pays to read about the effects and outcomes of an illusive life-style, the kicker is when one lives through this ordeal of yoyo decisions of allowing oneself to purposefully destroy oneself through the many drug addictions. Now is different that I have been clean for over 12 years. My emotions and decisions are more clear and not as harmful as they were in the past.

Being able to ponder on what is being an exciting, destructive, productive 40 years before incarceration, with my Swiss cheese brain somewhat refurbished by the hand of God.

As I read in novels or see the effects of addiction in my life and others, it has enabled me to see how human beings will continue in such a destructive path- it all comes down to choice. Then again I have lived a lifestyle of promiscuity and will continue to pay for some good time I had way way back when. Yes, me and my Swiss cheese brain. But God Knows all of His sheep and His plan for me and us is greater. The destructive path no longer has a hold on me. It is easier to breath and walk in peace of mind that I care enough to live clean, even if it means dealing with this pain that flares up and lets me know just who I am. God can provide for me the rest of the way, Swiss cheese or not, God is good to me. Luis

Dear Fellow Christian, I want to thank you for all the cards. Little things like that help in big ways to show us we are not forgotten. There are times I have battles with depression that last some times days, other times months. Just like this last few months I have had a hard time getting out of it. I have put in for a transfer to a Christian Program at Petersburg, Va. Please keep this in prayer for I know I'll do better there. CO, Oh

### "What? If anything did I learn from this class"

The greatest thing that I will take away is knowing how to change me. To be able to identify my own codependency and controlling behavior. That it is critical for me to have healthy boundaries that are clear to me and others. Seeking God to help me to establish these boundaries through understanding of His boundaries, principles, and Word spoken to me through the Bible. Now being able to apply these things from this class are helping me to grow from being an adult child into a healthy, complete man in Christ filled with God's love. Know how God sees me and that its His love that I've needed to embrace and stop thinking He was keeping track of every mistake waiting for me to mess up. But is ever wanting the best for me and loves me unconditionally. This is why I believe He has provided you, Ms. Eileen and this class to help me and open my eyes to the dysfunction within my own life and what I grew up in. This is just the tip of the iceberg as far as the benefits and tools I've gathered in this class.



A Faithful Friend, Glenda Jones

We want to honor the memory of Glenda Jones, on the right with John Sala and Ruth Hoffman. Glenda and Steve joined Little Lambs Inc a few years after we moved into our current location. They went through all our programs and Glenda volunteered as an office volunteer for a few months. They continued in the ministry of Overcomers through all these years. In the summer of 2011, Grace Place was open and we needed help to staff the program 24 hours a day. Glenda stepped right up and volunteered to give us two days and nights a week. She continued this until we closed the program in 2012. She was house mother, while Ruth brought the Codependent Recovery Program to the women. Glenda has been very faithful and generous to us and the women with her time and her love. We will see her again in the resurrection. Alleluia.

## Schedule February 2017

Mon...Bible Study, Phil Esposito @Avon Park Prison Mon...Overcomers, Willie Hubbell, @ Hogar Resa Tues .. Overcomers, Willie Hubbell (a) Avon Park Prison Tues... Marriage, Family & Parenting, Eileen @ Avon Park Prison Wed...... Overcomers, Jeff S. 6 pm (a) Bible Fellowship Church Wed...... Anger Management & Biblical Boundaries 7 pm (a) First Presbyterian Church Thurs.....Overcomers, Willie Hubbell (a) Hogar Resa Thurs... Codependent Recovery Women, 6:30 pm Mary Tinberg @ Little Lambs

New Marriage & Family / Anger Management Class Starting February 8, 2017 Call 273-7388 for appt to register

### Dear Partners,

As January draws to a close, I am thankful to Forrest Hilton for his help to put 2016 to bed with the IRS. Now we can go on to focus on the rest of the year.

Glenda's death reminds us that no one of us knows how much time we have and to make the most of that time. Our life on earth is to give glory to the Father and once we die, we are held accountable for that time. Have we loved enough? Have we served? Have we died that others might live?

I have a specific prayer request to all of you. As you know we have several classes at the local state prison. We are encountering problems with changes that have taken place over the last few months. It seems that the last Chaplain Joria resigned effectively the first week in January. I would suppose it was his protest of the working conditions. Now we have a number of men coming into the chapel who are not signed into any class and like to sit in the back of the current classes and cause disturbances with their talking and meandering about. It seems the character of the prison is changing and they are transferring in more and more 'jits' or jitterbug prisoners: young, undisciplined, and rowdy. Several weeks required 2 quards instead of our usual one. It is difficult to teach under these circumstances. The chapel has been cancelled now these two weeks: one for 'refurbishing the chow hall' and another for flu quarantine. Please pray that administration can settle in and organize the services better. Also pray that the state find funding for a chapel assistant and/or a secretary so that a new chaplain can do his job without feeling overwhelmed, and stay on the job. And of course we need that new chaplain!

We continue to have a great attendance at the Women's Codependent Recovery. Mary Tinberg is facilitating a wonderful group of 12 women into learning about themselves. This past month we spent time learning ways in which we control, all the while thinking that we certainly are not controllers! Self discovery is a huge teacher.

As most of you know, Pastor Karl went to be with the Lord on Dec. 31. We know his is in glory, but we miss him.

> Your servant, Eileen Sala