A John and Eileen Sala Prison and Teaching Ministry

http://www.littlelambsinc.org







PO Box 504 @ 710 S. Eucalyptus St. Sebring, FL 33871-0504 863-471-2626 MARCH 2013

As we continue to go into the New Year, I want to thank all of you who have encouraged me with cards and notes and gifts. Every day brought comfort and hope through the kinds words and love displayed in the letters and cards. God has truly provided for me and I feel very secure and blessed. The richest blessing is to know how much we are loved by you all.

New Open Overcomers Meeting At Bible Fellowship Church

Jeff Shoemaker, our current Overcomers facilitator, is working with Pastor Todd at BFC to begin an Overcomers Addiction Recovery Meeting at the church that will be open to anyone. Jeff has facilitated our meetings at Little Lambs for the last year and has a heart to make the teachings more available to the Body of Christ. This meeting will help to deepen your relationship in the Lord by learning to focus on the solution, not the problem. It is a place to receive encouragement in our struggles with on-going problems and provide a support system for those in recovery of any kind. The videos and workbook materials are authored by Charles and Sharon Burton and are used extensively throughout the USA and abroad. If you know of anyone with a need for this support, tell them or bring them to the meeting.

For more information the Overcomers website is www.recoverysupport.org. The meetings will be held on Wednesday night when a meal is also available at the church for a small fee. We will have more news next month or call Bible Fellowship Church for details.

This new meeting will enable us to use the **Monday night Little Lambs** meetings to concentrate on those who are referred to us from Probation and Parole, Pre-Trial Release, and the courts for **Substance Abuse Treatment** and allow for more intensive individual treatment and drug testing and reporting. This group will be facilitated by Kim

Schedule for March 2013
Mondays.... Overcomers Addiction Recovery
Little Lambs Inc @ 7:00pm
Tuesdays... Overcomers Addiction Recovery
Avon Park Prison
Wednesday...Overcomers Addiction Recovery
@ Bible Fellowship Church (tentative)
Wednesdays.....Biblical Boundaries/Anger

Management@ First Presbyterian Church @

6:45pm

Tish. This will help us to meet the standards set by these organizations and ensure compliance. We currently

Our Newest Board Member: Charlotte Heston Charlotte has been a part of the Little Lambs Family for almost six years now and is excited to be able to give back to the ministry that has meant so much to her. She has a background in education and administration and is currently working for Peace River Electric Cooperative in Wauchula, Fl. She is a member of Covenant Presbyterian Church and very active in church and community affairs. Charlotte has four wonderful children. I am excited to be working with Charlotte and have great respect for her abilities and her faithfulness.





OUR MONDAY STAFF We continue with our regular Monday staff which includes Monty Dowling, our printer who keeps all those lessons on the shelf and ready to mail. Next to Monty is Alberta Simms who has dedicated her life to the Lord's service as a missionary and continues to go to the local county jail and even tutors one on one. Margie Delong has recently rejoined us after a serious car accident. We are so glad to have her back. Seated are Eileen Sarracino and Alice Latham. They supervise the mail and Alberta, Alice and Margie also grade lessons at home. Please pray as Alice's husband, Harry is having some physical problems. They are great friends of long standing with Little Lambs. Alice and Harry helped us to prepare our current building when we moved in, in 2003! We continue to have the best volunteers in the world.... Most with us from our beginning or for many years. What a blessing!

CLASS IN SESSION Our current Anger Management/Biblical Boundaries class is in session and will test out in late March. The class has referrals from Pre-Trial Release and from Probation and Parole as well as those that are being counseled. I would say, these folks are 'families in crisis' and we are happy to guide them to the

Lord. When someone asks for counseling, the initial meeting, interview and assessment is made, then we ask them to attend these meetings to give them insight into their own problems



Dear John and Eileen, I read your testimony tonight and found hope. I grew up around drugs. From a child up. My dad, wasn't that much of a user. He wanted money. So he was always gone selling the drugs. Meanwhile my mom was the one who used. As a kid, seeing your mom laying on the bathroom floor with a needle in her arm isn't a fun sight. So for the next three years that's all I saw....drugs. I have four siblings. When I was 5 the feds found my dad after 2 years of running. When they found him they took me and 2 siblings into foster care. I'm not sure where mom was at the time. My dad went to prison for 15 years. For a year we lived with a farm in a small town with Mennonite people, which I still stay in contact with. After a year we were adopted by my relatives. When I was fourteen I smoked opium. My brother was and still is a hippy so again drugs were always around me. From that day on I was an addict. When I was 18 I went to live with my mom. I got introduced to coke and was instantly hooked. That's when my life went downhill. I crashed. I stole, did anything I could to get high. Before I knew it I as in fail, got out and still the same...coke. After a year, I was all about the

drugs again, different drugs. I always wanted to experiment. I always blamed my mom an d dad, but here in jail now, I know my past is rough but I chose my path and life. The last drug I did was the worst. Heroin! For the last 3 or 4 years that's all I worried about. My family life was getting horrible. Stealing and robbing was my normal thing. I stole from my own mom. Now I regret it all. I was injecting these drugs as you were. Never was I so bad; on the edge of death every day. One thing lead to the next, then I was a full fledged junkie. On Feb 16, 2012, I was involved in a robbery with 2 victims. I was so messed up I didn't know what I was doing. I know they were only tied up. With thousands of dollars with of pills, I ran, even left the other guy. Two days later I woke up here in jail. Please pray for me and my family. Here is the first bible study. I am eagerly waiting for the next one. Thank



you all for concern in my spiritual growth. Bryan VA Please pray for Bryan that he will truly come to know Jesus Christ as his savior through the studies, because life will not be easy for him.

What I learned from this class (Biblical Parenting and Anger Management)

There are so many things that I've done wrong in life and my present relationship. The most important things of all has been my absence form God. Not having him with me has made my life unbearable. Instead of me asking him for his divine help, I tried to solve my own problems with my family. I didn't possess the right skills to deal with those problems. I honestly thought I was doing the right thing. I guess I was fooling myself because at early age I assume the position to care for my siblings, my mom, always carrying anger deep inside of me because everyone came to me. It was expected of me not just at home but at work. I lost myself.

At a young age I drank a lot up till my daughter was born six years ago. I quit but I didn't let the anger go. I put myself into my job and was always working, not paying attention to my family. My world came down on me when my wife left for another man. Yes I was providing but I wasn't giving her love she needed. I married my job, separated from my family. She came back and I'm glad that God brought us back together.

I learned that I need her and my kids. I made a decision to attend this class to give me skills that I need to communicate with them. I no longer bring work home with me. I leave it at work. If I have a problem, I talk to my wife. Being in your class gives me insight that I'm not perfect and that I make mistakes just like a million out there. It's the actions that I do that I am responsible for. I cannot change anyone else but me, the way I think, act and believe. It has been a long six months for us but it is a work in progress.

I'm starting to ask God on a daily basis to help me with my anger, how to give me more strength in curbing it. We talk now and I am involved with my family. I never would of thought my addiction to my always working and my anger could be a negative impact on everyone in my family.

I've learned from you that my relationship with my wife has a great impact on my kids and how they will act in their relationships. I'm going to give my best to insure that they get the best family values we can instill in them before they become adults. .

Thank you for setting me in the right direction in understanding myself and my family.

Wisdom is the principle thing; therefore get wisdom: and in all thy getting get understanding. Pro 4:7

JOY UNSPEAKABLE AND FULL OF GLORY

To the Salas: Greetings I cannot express the way that I feel about the Study Bible that I have received but I will try. When I first started this study, I was told that at the end I would receive a certificate and a Study Bible. But what I got was more than I ask for, from the very first lesson. I received a blessing the information about the universe and stars and light. I was amazed at what I was learning. So I started thanking God for the lessons that I would get from you all and I was able to share with others the info I was getting. Well, I could go on, but I just want you to know that I received the study bible and appreciate every lesson, tract, the blessing I've gotten from you This study bible has everything that I need to continue my journey with the



Lord. I can go back through my lessons with this bible and learn more than what I learned before. I am overjoyed to have this bible, it is hard to put down it has so many entries. Thank you for this blessing. Your Bro in Christ, Henry. FL

That the trial of your faith, being much more precious than of gold that perisheth, though it be tried with fire, might be found unto praise and honour and glory at the appearing of Jesus Christ: 8 Whom having not seen, ye love; in whom, though now ye see him not, yet believing, ye rejoice with joy unspeakable and full of glory: 9 Receiving the end of your faith, even the salvation of your souls.